



## Screening Helps Save Lives— Talk to Your Doctor<sup>1</sup>

### Screening is important to prevent colorectal cancer

Colorectal cancer is a serious disease: It is the third-leading cause of death from cancer in the United States. However, screening tests can prevent it or detect it early.<sup>2</sup>

Every day, about 400 families in the United States will learn that a loved one has colorectal cancer.<sup>2</sup>

More than 51,000 people die from colorectal cancer every year.<sup>2</sup>

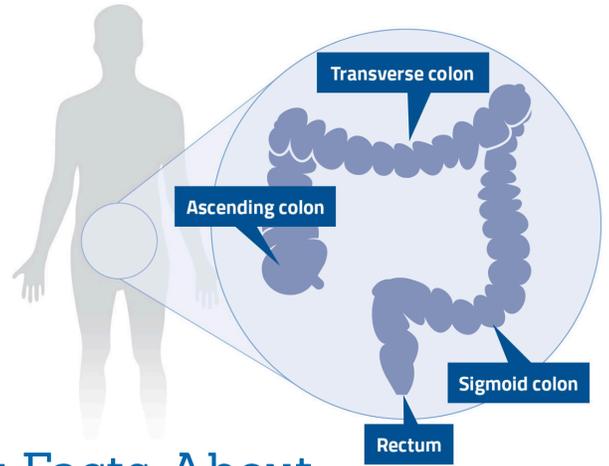
### Who Should Be Screened?

- ♥ Any man or woman age 45 or older<sup>3</sup>
- ♥ For people under 45<sup>3,4</sup>:
  - Anyone with a close relative who has had colorectal cancer
  - Anyone with a history of certain medical conditions that affect the colon



### There's a Screening Option That's Right for You

There are many screening options for colorectal cancer, including take-home tests. Your doctor can help identify the right screening option for you.



## Key Facts About Colon Cancer

### ♥ Colorectal Cancer<sup>2,4</sup>

- Colorectal cancer almost always develops from abnormal growths (called polyps) in the colon
- You can have early colorectal cancer and not feel it

### ♥ Screening Is Important

- Screening tests can find abnormal growths and remove them before they turn into cancer<sup>4</sup>
- With prompt detection of early-stage colorectal cancer, the 5-year survival rate (people who live at least 5 years after diagnosis) is 90%<sup>1</sup>

Colorectal cancer screening doesn't have to cost a lot. While most health plans cover screening costs, there may be some out-of-pocket expenses. Call your insurance plan to check your coverage.<sup>5</sup>

To learn more about colorectal cancer and screening, visit

[www.LoveYourColon.org](http://www.LoveYourColon.org)

**References:** **1.** Centers for Disease Control and Prevention. Colorectal cancer screening. [https://www.cdc.gov/cancer/colorectal/pdf/basic\\_fs\\_eng\\_color.pdf](https://www.cdc.gov/cancer/colorectal/pdf/basic_fs_eng_color.pdf). Accessed January 28, 2019. **2.** American Cancer Society. *Cancer Facts & Figures 2019*. Atlanta, GA: American Cancer Society Pub. No. 500819. <https://www.cancer.org/content/dam/cancer-org/research/cancer-facts-and-statistics/annual-cancer-facts-and-figures/2019/cancer-facts-and-figures-2019.pdf>. Accessed January 28, 2019. **3.** Wolf AM, Fontham ET, Church TR, et al. Colorectal cancer screening for average-risk adults: 2018 guideline update from the American Cancer Society. *CA Cancer J Clin.* 2018;68(4):250-281. **4.** What is colorectal cancer? American Cancer Society website. <https://www.cancer.org/cancer/colon-rectal-cancer/about/what-is-colorectal-cancer.html>. Accessed January 28, 2019. **5.** Insurance coverage for colorectal cancer screening. American Cancer Society website. <https://www.cancer.org/cancer/colon-rectal-cancer/detection-diagnosis-staging/screening-coverage-laws.html>. Accessed January 28, 2019.